



September 16-19, 2010
Joshua Tree, CA
A retreat for women
who have or have had cancer

AWOL 2010 RETREAT APPLICATION FORM
COST: \$265 early butterfly (by 7/1/10)
(\$295 after 7/1/10. Applications will not be accepted after 8/15/10)

Some scholarships also available. For more information, please call
(949) 916-6851 or (888) 311-AWOL [2965]

* Signifies that the information is necessary. Please answer questions in full so not to delay the application process.

*NAME

First Last MI

*ADDRESS

Street

City State ZIP

() ()

Daytime Evening

E-mail address (This is the best, easiest and greenest way to contact you)

The following questions are statistical only: Date of birth ___/___/___

How did you hear from us? _____

Please specify the type of cancer: Breast Cancer ___ Ovarian Cancer ___ Cervical Cancer ___ Uterine Sarcoma ___

Vaginal ___ Endometrial ___ Other (please specify) _____

*EMERGENCY CONTACT (Must have two)

(1)

First Last Relation

() ()

Daytime Evening

(2)

First Last Relation

() ()

Daytime Evening

When were you diagnosed? _____ * Please circle one: Stage 0 Stage I Stage II Stage III Stage IV

Is this a recurrence? _____ For massage therapy purposes, do you have lymphedema? Y N

*T-Shirt Size: _____

Special needs:

Wheelchair access? Yes No Are you a Vegetarian? Yes No Need refrigeration for medications? Yes No

Other special need, ease specify: _____

DIRECTIONS & WHAT TO BRING: A packet including a map will be sent to you at the beginning of September, 2010 for complete information on what to bring with you.

ROOMING: Please list below other participants whom you would like to room with. Note that room sizes may vary (up to six).

TRANSPORTATION: Guests must provide own transportation to and from Joshua Tree, however, a phone list will be provided of guests who wish to drive and carpool. If you would like to drive others to the retreat, please see next question.

I WOULD LIKE TO BE THE DRIVER OF A CARPOOL (Please do not answer “yes” to this question if you need a ride.)
Yes No Phone number for carpoolers to contact you: (____) _____

IN ORDER NOT TO DELAY THE APPLICATION PROCESS,
PLEASE BE SURE TO SIGN OFF ON EVERYTHING

RELEASE AGREEMENT: The undersigned person gives, transfers and sets over to **From Chrysalis to Wings Psychotherapy and Research Center and Herr Photography**, its successors and in interest and legal representatives, the unrestricted right and permission to copyright and use, reuse, publish and republish, photographic, film or video images of the undersigned, or pictures of the undersigned in any form of media including electronic or digital media in which the image of the undersigned may be included, in whole or in part, composite or distorted in character or form, without restriction to changes or transformation or reproduction hereof in color or otherwise, made through any and all media formats, now or hereafter used for illustrations, art education, promotion, box covers, Internet, theatrically by way of television, video or film for advertising or any other purpose whatsoever, and without compensation to me.

Signature

Date

LIMITED SPACE IS AVAILABLE. IF YOU WISH TO ATTEND, PLEASE SEND YOUR APPLICATION AND FEE TO SECURE YOUR RESERVATION AS SOON AS POSSIBLE. APPLICANTS MUST ALSO SIGN AND RETURN WAIVER FOR APPLICATION PROCESS TO BE COMPLETED. IT IS VERY IMPORTANT THAT YOU VERY CAREFULLY READ OUR POLICIES BELOW SO THAT YOU UNDERSTAND THEM PRIOR TO SENDING YOUR APPLICATION IN.

Send and make check payable to:

CHRYSLIS TO WINGS – 30021 Tomas, Ste. 300 - Rancho Santa Margarita, CA 92688

I would like to pay for _____ person(s) Total \$ _____

By Credit Card: Please circle one VISA MC AMEX Card# _____

Exp. Date ___/___ Three digit security code _____

Signature

Application must be received or postmarked by August 15, 2010.

CHECK LIST: 1) APPLICATION 2) PAYMENT 3) SIGNED WAIVER

For more information, please call toll free (888) 311-AWOL [2965], (949) 916-6851, or e-mail us at francine@chrysalistowings.com. If you wish to FAX your application in, please do so at (949) 916-6852.

WORKSHOP QUESTIONNAIRE

So that we may schedule you appropriately, please let us know which workshops are of interest to you. **Please keep in mind that not all may be offered at the time of retreat and we would like to thank you for helping us plan out your schedule based on your likes and dislikes.** Please answer yes or no to all questions.

We feel that be the following workshops/activities (Trust Building Workshop, Photography, Massage and Facials [if facials are available]) and other expressive workshops are of extreme importance to fulfill our purpose to each participant. Therefore, you will automatically be assigned to them.

The following is yours to choose from only id you are able or want to do them and if they are available to us at the retreat. However, but we recommend taking advantage of all that is available to you.

Physical Activities:

(Please note that all hikes will be designed according to our guests' ability. Yoga will most likely be offered with the sounds of crystal bowls)

(Hiking available only weather permitting)	YES	NO
Short Nature Hike	___	___
Long Nature Hike (a little over 1 hour)	___	___
Yoga (gentle and relaxing)	___	___
Tai chi	___	___

Meditative, energy and other workshops:

Breath Work	___	___
Healing sounds of crystal bowls	___	___
Labyrinth	___	___
Meditation	___	___
Walking Meditation	___	___

Massage & Facials: all guests will be assigned to this and will be allowed a minimum of two services during the retreat. Because we usually have fewer facials than massages, we may assign facials on a first come first served basis. If we cannot accommodate you with a facial one day and a massage the next, you will receive a massage on each day.

Massage	___	___
Facial (If available)	___	___

All workshops will be pre-assigned based on your choices above and you will have your own personal itinerary created by the staff. Please be prepared to have a full and exciting weekend like you've never had before. We hope you will let us take care of you the way you deserve. While you are there, you will have nothing to worry about except to bring your itinerary wherever you go so you can be on time for the next fabulous thing we have assigned for you.

We hope to teach you that it's OK to just let yourself be and to let others honor you in so many respects, not only at the AWOL retreat, but on your journey afterwards as well. We hope that we can touch your lives in such a way that you will walk away feeling even more loved and deserving. We hope that you walk away feeling in touch with a beautiful mind, body and soul. Thank you for letting us be of service to you.